## Since in the second sec

The hour you take to donate blood helps patients spend more time with their families.

As a sign of appreciation for supporting our community, Gulf Coast Regional Blood Center thanks those who give blood from May 1–31, 2023, with our "Give It Forward" T-shirt.

## Schedule your appointment today!

*While supplies last. Promotional item may be substituted for item of equal value.* 





TELL US HOW YOU #COMMITFORLIFE